

## Meet an NPR!



*"There is life after dialysis."*  
Frank Selders, NPR

We would like to introduce Network Patient Representative Frank Selders from Texarkana, Arkansas. Frank has been a kidney patient for 17 years. He had a kidney transplant in 1997, and he is now on home hemodialysis.

In 2006, he decided to start the Twin Cities Dialysis Support Group. It started out with 10 people, and it has grown to include 40 renal patients.

Frank also spends time speaking to groups about renal disease and dialysis. He has even presented to a graduating nursing class in Texarkana.

Frank is excited about being the NPR in his facility, and he is just the person to do it!

## Network 13

ESRD Network 13 is a nonprofit organization dedicated to assisting dialysis facilities and kidney transplant centers in their efforts to provide quality care for their patients with End Stage Renal Disease (ESRD). It is part of a nationwide system of 18 Networks contracted by the Centers for Medicare & Medicaid Services under the ESRD Program established as part of the Social Security Administration in 1972, to help assure that people receiving dialysis services or kidney transplants receive proper care.

ESRD Network 13 works with dialysis and kidney transplant centers and their patients in the states of Arkansas, Louisiana and Oklahoma. It is governed by a Board of Directors that is made up of renal patients and dialysis and transplant professionals including nephrologists, nurses, social workers and dietitians.

ESRD Network 13  
(405) 942-6000

Patient Number: 1 (800) 472-8664

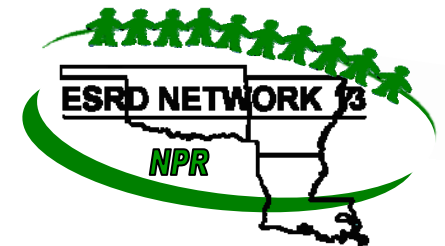
[www.network13.org](http://www.network13.org)



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## Network Patient Representative

ESRD Network 13





## → Who are NPRs?

Your facility Network Patient Representative has one concern: you. An NPR is a volunteer patient in your facility who partners with facility staff members and Network 13 to foster a positive culture in your dialysis facility.

NPRs work to create a community of patients who understand the importance of their time at the dialysis facility and who make a positive experience of their treatment.



## → What do NPRs Do?

A main duty of a Network Patient Representative is maintaining an NPR bulletin board for patients in the treatment facility. This bulletin board publicizes important information, such as event dates, support group locations and educational health information.

In addition, NPRs can coordinate a range of activities in the facility. Be sure to give your NPR ideas about activities or ideas for the bulletin board.



## → Volunteer!

There can be more than one Network Patient Representative per dialysis facility, so if you are interested in becoming an NPR, you should discuss the information in this brochure with your social worker and/or call Network 13. The Network's NPR program coordinator can answer your questions about starting a program in your facility and attending an NPR telephone orientation.

**NPR Program Coordinator:**

**(405) 948-2246** (in OKC)

**1 (800) 472-8664** (Toll Free)