



Network Patient Representative Additional Activities Suggestion List To be reviewed by NPR and Facility NPR Staff Contact

The following list of activities contains suggestions made by individuals who serve as NPRs in their own facilities, social workers and members of the Network 13 Patient Advisory Committee (many of whom are NPRs). These are not requirements, only suggestions for you and your facility NPR staff contact to explore once you feel comfortable in your NPR position. Please remember to keep the HIPAA privacy regulations in mind as you develop your NPR activities. If you have questions about how to correctly structure an activity in accordance with HIPAA, consult your facility's NPR staff contact.

Please note: A number of these activities may require additional staff support or review (snack day – dietitian, bingo – administrator or nurse manager approval).

- **Meet and Greet:** NPR arranges to greet new patients in the facility to help improve the treatment experience for new patients. We have heard feedback from some patients that a friendly face explaining where to go, sit, etc. would have gone a long way during their first experience.
- **Activity Days:** NPR coordinates games in the facility during treatment, such as bingo or a name game. Participation optional for all staff and patients.
- **Tip sheet:** NPR develops a list of tips for first-time dialysis patients, ex. Bring a blanket, etc.
- **Calendar:** NPR creates a facility/patient calendar
- **Snack Day:** NPR coordinates with facility staff to have a snack day
- **Secret Santa:** Arrange Secret Santa during the winter holiday/similar gift exchanges during other holidays
- **Speaker:** Coordinate with your Network Staff NPR representative to have community groups or a patient speaker representative speak at your facility or support group.
- **Kidney Concerns:** Encourage patients to write an article, human interest story, recipe or poem for Kidney Concerns newsletter (Be aware Network 13 cannot print any patient health recommendations. For example, we can print a story about how a patient feels about his/her modality and experience, but we cannot appear as if we are advocating a certain modality or recommending it.)
- **Staff involvement:** Encourage participation from staff if they are interested. Creating a positive environment for patients directly links to creating a positive environment for staff.
- **YOUR IDEAS!** _____